


Sermon Big Idea	Helpful Resources
Because we are weak and the enemy is real, Jesus teaches us to pray with honest dependence every single day.	 The Bible Project Guide: The Lord's Prayer

Read the Text
In your group, read the passage out loud, with each person reading a verse.

Head: Grasping the Text
<i>Goal: To grasp the theological concepts and historical context of the text.</i>

1. Read Matthew 6:13 in three translations side by side — NIV, NLT, and NRSV. What differences do you notice? Why do you think translators make different choices with this verse, and what does that tell us about the original Greek word *peirasmos*?
2. Read Matthew 4:1–11 alongside James 1:2–4 and James 1:13–15. Based on these passages, what is the difference between how God uses testing and how the enemy uses temptation? Can both be happening at the same time in the same situation.
3. Read John 14:30 and Hebrews 4:15 together. What do these verses tell us about how Jesus experienced temptation differently than we do? What does that difference mean for why we need to pray this petition daily?

Heart: Grasping the Internal Transformation
Goal: Examine how the text reshapes our identity, affections, and motivations to bring about honest self-examination.

4. The "Beautiful Mess Effect" describes how we admire vulnerability in others but fear it in ourselves. Where in your spiritual life have you been projecting strength rather than admitting weakness? What has that cost you?
5. Think about a current trial or difficulty in your life. How might God be using it to confirm or refine your faith? At the same time — where is the enemy's exit ramp in that same situation? What counterfeit solution is being offered to get you out of the trial before God is finished with it?
6. 1 Peter 5:8 describes the enemy as a prowling lion — patient, strategic, and targeting vulnerability. Where in your life has the enemy been most effective — through obvious dramatic temptation, or through slow quiet drift? What made you most susceptible in that season?

Hands: Grasping Your Next Step

Goal: To move from hearing the Word to living it out as a disciple with specific, practical, and achievable steps for the coming week.

7. Jesus builds this petition into a daily prayer — not a crisis prayer. What would it look like practically for you to pray "lead us not into temptation, deliver us from the evil one" every morning this week? What specific trial or vulnerability would you name before God in that prayer?
8. Read 1 Corinthians 10:13 and Hebrews 2:18 together. These verses promise that God provides a way through every trial and that Jesus is able to help those who are being tempted — right now, actively. Is there a trial or temptation you've been trying to navigate alone rather than bringing to God and to trusted people in your community? What's one step you could take this week to stop doing that?
9. The gospel turn of this petition is that he is the Deliverer. His victory at the cross and resurrection is the ground we stand on when we pray this petition. How does knowing that Jesus already defeated the enemy change the way you face your current trial? Does your daily prayer life reflect that confidence — or does it reflect anxiety, self-reliance, or distance from God?